



Royston's Liberal Democrat Councillors

Steve Jarvis, Ruth Brown, Carol Stanier, Emma Squire-Smith & Tom Perry

Dear Friend,

As we write we find ourselves in a lock down and we just wanted to let you know what we have been doing to support local communities and where to get the most up to date advice and support.

The virus sadly isn't just going to go away quickly but with increasing numbers of people being vaccinated there is now the hope that things will change in the future.

Of course that will depend on the efforts which everyone is making and we would like to thank you for what you have done. I know that it has been hard for many people but in some respects we are lucky living in Royston where people have provided real support for their friends and neighbours.

Overleaf you will find details of the help and advice that is available in North Herts from the councils, from the NHS and other organisations.

Apart from issues related to coronavirus we have been dealing with local matters such as flooding and problems with roads, which continue much as ever.

If there is anything that you think we may be able to help with do please get in touch.

Best wishes

*Steve Jarvis, Ruth Brown,
Carol Stanier, Emma Squire-Smith
& Tom Perry*

How to get in touch



steve@roystonlibdems.org.uk
ruth@roystonlibdems.org.uk
carol@roystonlibdems.org.uk
emma@roystonlibdems.org.uk
tom@roystonlibdems.org.uk



[Facebook.com/roystonlibdems](https://www.facebook.com/roystonlibdems)



www.roystonlibdems.org.uk

Contact details for advice and information

Help with food and care

Herts Help is a network of community organisations in Hertfordshire working together to listen and help find support, guidance and information.

You can call them on **0300 123 4044** or email **info@hertshelp.net**

They are open from 8am - 8pm Monday to Friday and 10am - 6pm at the weekend.



Business Grants

Grants are available for businesses and the self employed which have been affected by Covid.

Grants tend to be available for limited periods but you can find the details of what help is currently available from North Herts Council who administer these grants.

You can get details at **www.north-herts.gov.uk** or by calling **01462 474000** between 9am and 5am Mondays to Fridays.

Vaccinations

If you are in one of the groups currently identified for vaccination (that means people over 50 or those who are clinically vulnerable) you will be contacted once your group is reached.

You may be contacted by your doctor and by the central booking system. You can choose whether to have the vaccine at one of the large centres (such as Robertson House in Stevenage) or at your doctors (although this may not be at your normal surgery).

Please wait to be contacted.

Advice on finance, benefits and rights

Citizens Advice North Herts provides free advice on benefits, debt, housing repossessions, managing money and energy.

You can call them on **01462 689801** or send a message via their website at **www.northhertscab.org.uk**

They are open from 10am to 4pm Monday to Friday.



COVID Testing

If you have symptoms of coronavirus you should book a test at **www.gov.uk/coronavirus** or by calling **119**.

Rapid testing for people without symptoms is now available for anyone in Hertfordshire although key and essential workers are being prioritised.

You can book a rapid test at **www.hertfordshire.gov.uk/rapidtest**

You must not go for a rapid test if you have symptoms of coronavirus.

Medical Help

You can get medical help on line or by phone from NHS 111.

You can get advice on line at **111.nhs.uk** or by calling **111**.

If it is an emergency you should call **999**.

These services are available 24 hours a day every day.



Council Services

You can continue to report problems with local services to North Herts Council and Herts County Council such as:

Bin collection problems call **0146247400** or at **www.north-herts.gov.uk/home/report-missed-bin**

Pot holes and flooding call **0300 123 4047** or at **www.hertfordshire.gov.uk/services/highways-roads-and-pavements**

Mental Health and Healthy Lifestyles

The **Healthy Hub** is a free health and well being support service to support the residents of North Herts.

You can call them on **01462 474111** or email **healthyhub@north-herts.gov.uk**

They are open from 9am to 5pm Monday to Friday.

